

Mindfulness – Bringing the Stillness of Being to the Art of Doing (4 week course) with Debbie Miller weekly on a Tuesday from 5th March, 2019 2.30 – 5pm £75pp 6 places – all materials & sketchbook provided.



Week 1. Don't think, Just Ink! Exploring the creative process by filling in a grid of squares with different compositions in ink; Includes mindfulness meditation, enquiry and discussion. **Week 2. Drawing Blindly.** We will explore another way to surrender to the creative process by using the technique of blind contour drawing. Within itself, this is a practice in being, a meditation, and an opportunity to "see" with fresh eyes. **Week 3. Don't jut look, see.** We will use macro-photography to help us to see more than perhaps we usually notice. Slowing down and looking for the smallest details, both in nature and in ordinary objects, we will be taking close-up photographs to explore the beauty in the detail. **Week 4. Impermanence.** We will explore the creative process by considering the impermanence of the artistic form. Using inspiration from the traditions of "kolam" and "mandala", we will begin by experimenting with some designs in our sketchbooks before creating an "impermanent" artwork using either rice powder/flour or sand.

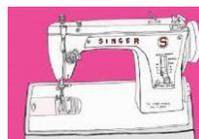


Children's pottery making 3D faces with Fiona Radford on Saturday 9th March, 2019 10.30 – 11.30am £7.50pp 10 places. Bring a photo or make a face up! Ages 6 – 16, under 8s to be accompanied by an adult. Your faces will be dried, glazed and fired – ready for collection about 3 weeks after the class.



Create a felted Lincolnshire landscape with Alison Bunning of Feltabulous on Saturday 9th March, 2019 12.30 – 4.30pm £45pp. All materials and a box frame to mount your finished picture will be provided. 8 places. In this 4 hour class you will have the opportunity to unleash your creative, artistic side and produce a beautiful landscape or seascape picture using needle felting techniques. There will be a whole host of wool fibre, yarns and other goodies for you to build up your picture. Alison will also bring reference pictures if needed and your box frame, or you can simply work from your imagination.

Get to Know your Sewing Machine Better with Margaret Fulwood and Annie Moss on Sunday 10th March, 2019 2.30 – 4.30 £5pp 6 places. Bring your machine & manual, attachments box, thread & bobbins & use all those stitches you've never tried! We can help you de-fluff your machine. Find out about stitch sizes, types of needles, make samples.



Come along & enjoy a taster session of needle felting with Olivia Jeacock on Tuesday 12th March, 2019 10.30 – 12.30pm £6pp – all materials and equipment supplied. During this session we will look at the basics of needle felting and the different techniques that can be used in dry felting. Suitable for beginners and the more advanced looking to enhance their skills. On the day we will make a needle felted brooch. 8 places. **There will be a fortnightly 6 session course on needle felting following on from the taster session starting on 26th March 19 £75pp or £13.50 per session. All materials included – you can book individual classes or all 6.**



Learn to Crochet 3 relaxed and fun sessions with Pam Barnell. Ideal for absolute beginners or as a refresher Thursdays 7th, 14th and 28th March, 2019 10.30 – 1.30pm Book the course of 3 £50pp or £18pp per session. Over 3 weeks you will learn the basics of crochet, including terminology and reading a crochet pattern. You will use different stitches to make a case for crochet hooks, a scarf, a granny square and some bunting. 4 places. All materials including hooks supplied.



Jewellery Making Workshop with Sarah Woods Saturday 16th March, 2019 10.30 – 1.30pm making 4 items of jewellery £23pp. Working with silver plated materials you will learn new skills of beading, manipulating wire and creating an instantly 'ready to wear' finish. Use of jewellery making pliers kits, all materials, organza gift bag, tea, coffee & biscuits included.

Make hand embroidered felt brooches with Julia Briddock on Sunday 17th March, 2019 10.30 – 1.30pm £15pp 6 places. All materials, fastener and thread provided. Learn embroidery stitches and techniques & take home your brooch after the class to keep or give as a present. Lots of colours to choose from – suitable for beginners & intermediates.



Our sewing, knitting & crochet fortnightly groups have restarted - Sewing Fortnightly on a Friday 10.30 – 12.30 and Knitting/Crochet on Tuesdays 10.30 – 12.30, 2019 £2 per person. Bring your own project and get help if you get stuck!



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Please note that classes will only run if there are 5 or more people booked in. In the case of a cancelled class full payment will be refunded. If you need to cancel you will be refunded as long as you give us 7 days notice of the cancellation. Booking is essential for most classes as there are limited spaces



Monthly quilting club with quilter Sue Frecklington on the first Wednesday of each month 10.30- 3.30 £13pp. Make a pieced quilt with expert help from Sue. Bring your own materials. You can bring your own machine or use one of ours. Includes, tea, coffee & biscuits – please bring a packed lunch. Proceeds in aid of Alternating Hemiplegia of Childhood (AHC) **March, April and May classes now available to book.**



Drawing Mindfully: bringing the stillness of being to the art of doing. A taster workshop with Debbie Miller on Tuesday 12th February, 2019 2.30 – 5pm £20pp. We will be exploring how a mindful approach to drawing & a gentle curiosity can free up our creativity in unexpected ways. It is ideal for people who would like to create, but don't know how to start, or for experienced artists who would like to experiment playfully with a new approach. The workshop will also include some short mindful meditation practices & discussion about our experiences. All materials provided including a sketchbook for each participant to take home.

Make Valentine Mosaic Hearts with Fiona Gurney of Box of Frogs Mosaics. Wednesday 13th February, 2019 10.30 – 3.30pm £48pp. Choose from a delicious range of vintage china & mosaic tiles to make hearts for your loved ones. You will be able to make several hearts, try out different designs & styles or make a matching set. Bring along any china that has sentimental meaning to incorporate. We aim to tile & grout on the day but if more time is needed Fiona will supply a grout kit to take away which is included in the price. All materials provided



Make 2 colourful fused glass light catchers with glass artist Matt Sorrell on Saturday 16th February, 2019 10.30 – 12.30pm £41pp suitable for adults and accompanied children over 8 years. Your light catchers will measure approx. 7" x 2.5" and will use sheet glass cut into small triangles. With Matt's help you will design your own light catchers – ideal for presents or your own home.



Lampwork Beadmaking taster class with Pris McGirr Saturday 16th February, 2019 2pm – 5pm. £40pp. Learn to melt coloured glass rods in a hot flame to make your own glass beads, decorate them and fire them in an annealing kiln. Wear closed toed shoes and tie back long hair. Limited to 5 places.



A 2 day bag making workshop with Sylvia Turner of Sylvia's Handmade Bags on Sunday 17th and Monday 18th February, 2019 £60pp 10.30 – 3.30 each day. All fabrics, interfacing, stiffening, cotton, magnetic closures included. Bring your own sewing machine or use one of our by prior arrangement. A pattern will be provided for you to take home afterwards along with your new bag. Bring sharp scissors and a sewing kit. Refreshments provided – please bring a packed lunch.



MAKE AN EASY APRON with Sandy Loosley on Wednesday, 20 February 2019 10.30am to 1.30pm £13 per person. Make a pretty & practical apron with a pocket in time for Mother's Day. It is one size for an adult & will be similar to the picture. Bring your own fabrics. You will need 1 metre for the main body & half a metre for the pocket, straps. Bring co-ordinating scraps of fabric if you wish to appliqué the pocket with a design of your choice or any embellishments like lace, buttons etc (instructions on how to appliqué will be given). You will also need a sewing kit & matching thread. Bring your own machine or reserve a centre's sewing machine on booking. No experience is necessary, as full tuition will be given. 4 places.



Acrylic Painting Workshop for beginners and intermediates with Carey Jones 22nd February 10.30 – 4.30pm £25pp. Come along & paint with acrylics – bright, vibrant & very versatile they can be used in a number of different ways to create a 'watercolour' or 'oil' effect & can be overpainted almost straight away making it very easy to correct any mistakes or improve things you don't like! How about painting your pet, house or favourite landscape – bring photos/images with you. Tea, coffee biscuits provided – please bring a packed lunch. Students requirements list will be sent to you on booking (brushes, paper, paint)



From Field to Fibre. The history of wool spinning with demonstrations and a talk with hands on workshop. Come and see the craft of hand spinning with Tracy Edwards on Saturday 23rd February, 2019 10.30 – 12.30 £7pp 10 places. You will be shown how to process the fleece into a yarn. Includes fleece washing, hand carding and combing. We will use a mechanical hand carder and will introduce the spinning wheel. You will be able to have a go on all of the equipment used in the demonstrations.

Monday 25th February 2019 10.30am - 12.30pm - £23pp Join herbalist Ali English for a workshop where you will learn about the skin and lymph system, common problems affecting it, & how to boost & support good lymph & skin health using a selection of simple remedies. Please bring your own jars & bottles - all other materials will be provided.



Oil Painting – Trees in a Landscape with Bridget Jones on Tuesday 26th February 2019 10.30 – 3.30pm £47pp – 6 places. This workshop is suitable for those who would like to get into painting with oils. It is great fun & during the workshop you will paint in oils & receive structured practical tuition. The class aims to familiarise you with oil painting techniques. The charge includes all the materials you will need. Please wear old clothes & bring a packed lunch. If you have attended before please do come again, it will be great to see you – always a different picture!

Join textile artist Karen Lane for a textile Fantasy Garden workshop using painting, stamping and drawing onto fabric before embellishing with couching, hand embroidery and beads on Thursday 28th February, 2019 10.30 – 3.30 £45pp 8 places. Students will need to bring acrylic or Inktnense paints. Karen will supply all other materials. Tea, coffee & biscuits – please bring a packed lunch.



Suitable for adults and children from 8 years. Create 3 fused glass key rings or 3 fused glass handbag charms on Saturday 2nd March, 2019 with glass artist Matt Sorrell. Make them look like these or use your own design using a wide choice of coloured glass. Make the key rings 1.5ins square £28pp 10.30 – 12 noon or handbag charms 1.5 x 3 inches £32pp 1.00pm – 2.30pm. 6 places at each session. Includes all materials and use of equipment. Your key rings or charms will be fired in our big kiln and ready for collection about a week later. Can be posted for a small extra charge.

Make a Springtime appliqué make up bag with Sandy Loosley on Saturday 2nd March, 2019 10.30 – 1.30 £15pp 6 places. Make a useful & decorative bag, Zip, bondaweb & wadding supplied. Bring your own favourite fabrics and buttons from your stash. Sandy will show you the sewing & appliqué techniques. Tea, coffee & biscuits included.



Taster sessions – Throwing on the Potters Wheel with Pris McGirr £30pp on Saturday 9th March 1pm – 4pm, Tuesday 12th March or Saturday 16th March, 2019 10.30 – 1.30pm Includes clay, glazes and firing. Learn how to work with clay, centre a piece of clay and throw a bowl(s).



Dyeing embroidery threads with Margaret Fulwood on Sunday 3rd March 10.30 – 12.30pm £23pp An opportunity to experiment producing your own dyed embroidery threads in a range of shades & colours. All yarns & dyes will be provided, as well as the necessary equipment. Please bring a plastic apron & a tray to transport your threads home. **Provided:** A range of white cotton skeins of threads in different thickness prepared for dyeing, a selection of dye baths in different colours, charts of how to mix dyes to produce different colours, plastic gloves, plastic bags for each sample dyed, labels and information sheet. The samples produced will need to soak until the next day, so there will be lots of rinsing to do at home the following day for each participant. The threads will then take time to dry, before storing as a skein or wrapping onto cotton reels or around folded card.



Learn how to make a stencil & use it to stencil a cushion cover on Friday 8th March, 2019 10.30 – 12.30pm £28pp, all materials provided. You will design & cut your own stencil & learn how to apply the design to a cushion cover using fabric paints. Every attendee will go home with a stencilled cushion cover and a completed stencil that can be reused.

